

Prevention and Early Intervention Programming COVID-19 Response for Central Region

April 3, 2020

FAMILY RESOURCE CENTRES

SITE LOCATION	SUPPORTS BEING OFFERED	ADDITIONAL INFO
East Preston FRC 1900 Highway 7 East Preston 902-462-7266	Basic Needs: Door drop off of essential items to families upon request (food, diapers, formula, etc).	
	Parenting Info and Support: Providing support to families via telephone and video calls. Providing contact info to other supports as requested.	
	Crisis Management: Offering video, email and telephone support, centre is closed to community at this time.	
	Other: Has offered to assist in transportation / transportation of supplies. Contact for additional information.	
Bayers/Westwood Family Support Services Association 3499 McAlpine Ave Halifax 902-454-9444	Basic Needs: Care packages, diapers, diaper cream, personal hygiene items, non-perishable food items.	
	Parenting Info and Support: Website and facebook page updated for resources and activities parents can do at home with children. Providing activity books and crayons for families.	
	Crisis Management: Centre is closed to community at this time.	
	Other: Staff available by phone to meet needs.	
Eastern Shore Family Resource Association 5228 Highway 7, Porters Lake 902-827-1461	Basic Needs: Door drop off of essential items to families upon request (food, diapers, formula, etc).	
	Parenting Info and Support:	
	Crisis Management: Centre is closed to community at this time.	
	Other:	
Mi'kmaq Child Development Family Resource Centre 2158 Gottingen Street Halifax 902-422-7850	Basic Needs:	
	Parenting Info and Support: Sharing resources and at-home activities via facebook. Providing online parenting group.	
	Crisis Management: Communicating with parents via social media and phone. Centre is closed to community at this time.	
	Other:	
Mulgrave Park Caring and Learning Centre 57 Jarvis Lane Halifax 902-453-5089	Basic Needs: Door drop off of essential items to families upon request (food, diapers, formula, etc).	
	Parenting Info and Support: Offering phone-based support.	
	Crisis Management: Offering phone-based support, centre is closed to community at this time.	
	Other:	
Musquodoboit Valley Family Resource Centre 12280 Hwy 224, Middle Musquodoboit 902-384-2794	Basic Needs: Will provide emergency supports (Care packages and gift cards) to families upon request.	
	Parenting Info and Support: Some program will now be live streamed (short version) and on Facebook. Posting links on how to talk to your kids about COVID-19. Craft ideas, recipes and activities you can do at home, distributed through social media.	
	Crisis Management: Centre is closed to community at this time.	

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	Other:	
PACT 1114 Cole Harbour Rd, Dartmouth 902-434-8952	Basic Needs: Craft bags can be delivered to the home while following the Public Health guidelines for dropping off packages to families. Grocery gift cards can be delivered.	
	Parenting Info and Support: Connecting with families via facebook and offering suggestions for activities for children, info for self care, sharing free resources and online programs. Posting new videos from staff doing stories, songs and crafts. Conducting regular check ins with families via email, texts or phone.	
	Crisis Management: Working with local Food Bank to create plans for families. Centre is closed to community at this time.	
	Other:	
Chebucto Family Centre 3 Sylvia Ave, Halifax 902-479-3031	Basic Needs: 1-2 staff on site at a time to access supplies and basic emergency supports for families as required. Door drop off of essential items to families upon request (food, diapers, formula, etc). Offering phone cards/minutes for clients.	
	Parenting Info and Support: Providing parents with activities and lessons electronically (Chebucto Family Centre YouTube channel) . Providing resources to families via online: Yoga class, Yoga Nidra, Body talk Wellness, Playdough tutorial video, and social media: information on Breastfeeding, talking to your children during this time, and staying healthy.	
	Crisis Management: Centre is closed to community at this time.	
	Other: Offering Prenatal, Postnatal and Breastfeeding support and loan of breast pumps.	
Fairview United Family Resource Centre 6 Titus St, Halifax 902-443-9569	Basic Needs: Providing diapers, formula and food to families, as requested.	
	Parenting Info and Support: Providing crisis support via email, video chat and phone calls.	
	Crisis Management: Our centre is open (staff rotating shifts on site) no access for the public. People calling in and providing crisis support via email, video chat and phone calls.	
	Other: Distributing care kits with masks, hand sanitizer, gloves, toilet paper.	
Memory Lane Family Place 22 Memory Lane, Lower Sackville 902-864-6363	Basic Needs:	
	Parenting Info and Support: Family Resource Programming available via phone and email.	
	Crisis Management: Centre is closed to community at this time.	
	Other:	
Dartmouth Family Centre 107 Albro Lake Rd, Dartmouth 902-483-7376	Basic Needs: Provision of essential items (food, diapers, etc.), providing take out meals to community members.	
	Parenting Info and Support: Phone check-ins with community members and volunteers, providing online prenatal support and group meetings. "Coffee Talk" with Family Centre participants for	

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	<p>ideas for future program topics. Circle Time on Friday using Zoom. Interactive posts and some story-time videos, with a staff reading children's books, that will be posted on Facebook.</p> <p>Crisis Management: Centre is closed to community at this time.</p> <p>Other: Community Food Centre: Meals delivered twice a week on Tuesdays and Fridays - Drive through take -out meals on Fridays - Produces bags delivered or can be picked up the Community Centre door - Phone #: Calls can be made to 902-483-7376 during regular business hours</p>	
<p>North End Parent Resource Centre 5475 Uniacke Street Halifax, NS 902-492-0133</p>	<p>Basic Needs: Drop off / pick up off of essential items to families upon request (food, diapers, formula, etc).</p>	
	<p>Parenting Info and Support: Facebook page updated for resources and activities parents can do at home with children. COVID-19 Information translated into Arabic for sent to families and posted on Facebook. Providing activity books, craft supplies and crayons for families. Weekly family check in calls.</p>	
	<p>Crisis Management: Centre is closed to community at this time.</p>	
	<p>Other: Phones are monitored and all calls are returned daily.</p>	

PARENTING JOURNEY PROGRAMS

SITE LOCATION	SUPPORTS BEING OFFERED	ADDITIONAL INFO
<p>East Preston FRC 1900 Highway 7 East Preston 902-462-7266</p>	<p>Basic Needs: Door drop off of essential items to families upon request (food, diapers, formula, etc).</p>	
	<p>Parenting Info and Support: Providing Parenting Journey support to families via telephone and video calls. Providing contact info to other supports as requested.</p>	
	<p>Crisis Management: Centre is closed to community at this time.</p>	
	<p>Other: Has offered to assist in transportation / transportation of supplies. Contact for additional information.</p>	
<p>Bayers/Westwood Family Support Services Association 3499 McAlpine Ave Halifax 902-454-9444</p>	<p>Basic Needs: Care packages, diapers available. Personal hygiene care packages and fresh produce are delivered. Web site updated with resources for parents and activities. Activity packages being dropped off to PJ Homes.</p>	
	<p>Parenting Info and Support: Providing phone-based Parenting Journey, updating Facebook page information and resources and providing activity books and crayons for families.</p>	

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	<p>Crisis Management: Centre is closed to community at this time.</p> <p>Other:</p>	
<p>Eastern Shore Family Resource Association 5228 Highway 7, Porters Lake 902-827-1461</p>	<p>Basic Needs: Door drop off of essential items to families upon request (food, diapers, formula, etc).</p>	
	<p>Parenting Info and Support: Providing phone and video-based Parenting Journey</p>	
	<p>Crisis Management: Centre is closed to community at this time.</p>	
	<p>Other:</p>	
<p>Mi'kmaq Child Development Family Resource Centre 2158 Gottingen Street Halifax 902-422-7850</p>	<p>Basic Needs: Emergency supports gift cards, formula, frozen food dropped off to families on their doorsteps.</p>	
	<p>Parenting Info and Support: Communicating with parents via social media and phone, providing online parenting group. The 4+ program is also going online via Zoom platform to do daily activities with children.</p>	
	<p>Crisis Management: Centre is closed to community at this time.</p>	
	<p>Other:</p>	
<p>Mulgrave Park Caring and Learning Centre 57 Jarvis Lane Halifax 902-453-5089</p>	<p>Basic Needs: Door drop off of essential items to families upon request (food, diapers, formula, etc).</p>	
	<p>Parenting Info and Support: Offering phone-based Parenting Journey support</p>	
	<p>Crisis Management: Offering phone-based support, centre is closed to community at this time.</p>	
	<p>Other:</p>	
<p>Musquodoboit Valley Family Resource Centre 12280 Hwy 224 Middle Musquodoboit 902-384-2794</p>	<p>Basic Needs: Will provide emergency supports (Care packages and gift cards) to families upon request.</p>	
	<p>Parenting Info and Support: Providing phone-based Parenting Journey. Some program will now be live streamed (short version) and on Facebook. Posting links on how to talk to your kids about COVID-19. Craft ideas, recipes and activities you can do at home, distributed through social media.</p>	
	<p>Crisis Management: Centre is closed to community at this time.</p>	
	<p>Other:</p>	
<p>YWCA Halifax - SHYM</p>	<p>Basic Needs: Providing groceries and essential supplies to live-in.</p>	
	<p>Parenting Info and Support: Daily phone check ins and support as necessary, including live-in support.</p>	
	<p>Crisis Management: <i>This is not publicly accessible</i></p>	
	<p>Other: Contingency plans are in place to continue to support clients, planning to have an increased staff presence at the</p>	

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	SHYM office beginning April 6 th , while providing support through social distancing protocols.	
YWCA Halifax – NSTAY 782-414-7657 <i>Services for youth and families of youth who've experienced sexual exploitation</i>	Basic Needs: Providing food and gift cards.	
	Parenting Info and Support: Phone-based support and check-ins. Group meetings facilitated via zoom.	
	Crisis Management: In-person meetings are unavailable at this time.	
	Other: Contingency plans are in place to continue to support clients.	
PACT 1114 Cole Harbour Rd, Dartmouth 902-434-8952	Basic Needs:	
	Parenting Info and Support: Providing Parenting Journey support via emails, phone and text. Connecting with families via facebook and offering suggestions for activities for children, info for self care, sharing free resources and online programs. Preparing and delivering Care Packages which included homemade goods to the front door of PJ families. Conducting, regular check ins with families via email, texts or phone.	
	Crisis Management: Resource list for emergency funding available. Centre is closed to community at this time.	
	Other: Research on providing a prepared meal to families next week.	
Chebucto Family Centre 3 Sylvia Ave, Halifax 902-479-3031	Basic Needs: 1-2 staff on site at a time to access supplies and basic emergency supports for families as required. Door drop off of essential items to families upon request (food, diapers, formula, etc). Offering phone cards/minutes for clients.	
	Parenting Info and Support: Providing parents with activities and lessons electronically (Chebucto Family Centre YouTube channel) . Providing resources to families via online: Yoga class, Yoga Nidra, Body talk Wellness, Playdough tutorial video, and social media: information on Breastfeeding, talking to your children during this time, and staying healthy.	
	Crisis Management: Centre is closed to community at this time.	
	Other: Offering Prenatal, Postnatal and Breastfeeding support and loan of breast pumps. New intakes accepted. PJHV are still able to connect and collaborate with CPS staff.	
Fairview United Family Resource Centre 6 Titus St, Halifax 902-443-9569	Basic Needs: Providing diapers, formula and food to families, as requested.	
	Parenting Info and Support: Parenting Journey provided via phone, email, texts and video chat.	
	Crisis Management: Our centre is open (staff roaring shifts on site) no access for the public. People calling in and providing crisis support via email, video chat and phone calls.	

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	Other: Distributing care kits with masks, hand sanitizer, gloves, toilet paper.	
Memory Lane Family Place 22 Memory Lane, Lower Sackville 902-864-6363	Basic Needs:	
	Parenting Info and Support: Parenting Journey provided via phone, email and video chat.	
	Crisis Management: Centre is closed to community at this time.	
	Other:	
Dartmouth Family Centre 107 Albro Lake Rd, Dartmouth 902-464-8234	Basic Needs: Provision of weekly meal and produce bag to any of their families that have a need, as well as personal care items, diapers and non perishable food items.	
	Parenting Info and Support: Parenting Journey provided via Parenting support by Zoom, Facebook Messenger, phone, as requested.	
	Crisis Management: Any families on waitlist are now receiving services. Centre is closed to community at this time.	
	Other:	
North End Parent Resource Centre 5475 Uniacke Street Halifax, NS 902-492-0133	Basic Needs: Drop off / pick up off of essential items to families upon request (food, diapers, formula, etc).	
	Parenting Info and Support: Facebook page updated for resources and activities parents can do at home with children. COVID-19 Information translated into Arabic for sent to families and posted on Facebook. Providing activity books, craft supplies and crayons for families. Weekly family check in calls.	
	Crisis Management: Centre is closed to community at this time.	
	Other: Phones are monitored and all calls are returned daily.	

MEN'S INTERVENTION PROGRAM

SITE LOCATION	SUPPORTS BEING OFFERED	ADDITIONAL INFO
New Start	Basic Needs: In addition to e-counselling, provides resource information on food, finances and coping with children at home.	
	Parenting Info and Support:	
	Crisis Management: Creating a checklist for safety and privacy before engaging in e-counselling. Offering video	

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	counselling on line through Doxy.Me, No app/software installation needed. Office closed until April 6 th .	
	Other: Intake by calling main telephone line and leaving a message (902-423-4675). Intake will follow-up by phone.	

YOUTH OUTREACH PROGRAMS

SITE LOCATION	SUPPORTS BEING OFFERED	ADDITIONAL INFO
East Preston FRC 1900 Highway 7 East Preston 902-462-7266	Basic Needs: Door drop-off of essential items upon request (incl. food).	
	Crisis Management: Offering video, email and telephone support, centre is closed to community at this time.	
Boys and Girls Club of Greater Halifax 60 Farrell St, Dartmouth 902-463-1210	Basic Needs: Providing essential items or grocery store gift cards to youth and their families, as needed.	
	Crisis Management: services to youth are being provided remotely and via email or phone. Employing use of "Tools for Crisis" - includes worksheets like an anger journal for youth or anyone to use when they are trying to process their emotions. Centre is closed to community at this time.	
	Other:	
Phoenix Youth Program 122-123 Jarvis Lane, Halifax 902-818-5737 / 1-877-332-3331	Basic Needs: Providing essential items or grocery store gift cards to youth as needed.	
	Crisis Management: providing support virtually (phone/email/limited social media), assessing individual need and offering outreach (non-contact) only when absolutely necessary.	
	Other: YOP intake phone is being monitored, questions answered and youth are re-directed to services as required. YOP is not accepting any new referrals at this time but is completing youth intakes that were already underway prior to March 16th.	
Native Council of Nova Scotia 129 Truro Heights Road, Truro & 140 Thorne Ave, Dartmouth 1-800-565-4372	Basic Needs:	
	Crisis Management: Providing support via phone and video. In-person outreach is unavailable at this time.	
	Other:	
Leave Out Violence (LOVE)	Basic Needs: Providing grocery gift cards to youth and families in need.	

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2171 Gottingen St, Halifax 902-429-6616	<p>Crisis Management: Providing one on one mental health support via phone and online, and running check-ins via program-based facebook groups. In-person outreach and programming is unavailable at this time.</p> <p>Other:</p>	Sarah McLaren, ED is available at 782-414-7657.
<p>YWCA Halifax – NSTAY</p> <p><i>Services for youth and families of youth who've experienced sexual exploitation</i></p>	<p>Basic Needs: Providing food and gift cards</p> <p>Peer Support: Phone-based support and check-ins.</p> <p>Crisis Management: In-person meetings are unavailable at this time</p> <p>Other: To contact the program manager, call 782-414-7657. This is her cell number so please do not publicize widely.</p>	

BIG BROTHERS BIG SISTERS

SITE LOCATION	SUPPORTS BEING OFFERED	ADDITIONAL INFO
<p>Big Brothers Big Sisters 86 Ochterloney St, Dartmouth 902-466-5437</p>	<p>Basic Needs:</p> <p>Crisis Management: Providing support and check-ins via phone.</p> <p>Other: Providing relevant information, resources and ideas for at-home activities. Facilitating online activities between mentors and mentees. Mentorship applications are still being processed, via phone and online only.</p>	

BOYS AND GIRLS CLUBS

SITE LOCATION	SUPPORTS BEING OFFERED	ADDITIONAL INFO
<p>Boys and Girls Club of Preston 180 Lower Partridge River Road, East Preston</p>	<p>Basic Needs: Working with families to provide them with essentials and resources at this time, including activities for children. Personal Care packs for APTB youth and grocery gift cards for their families are delivered.</p> <p>Crisis Management:</p> <p>Other:</p>	
<p>Boys and Girls Club of Greater Halifax 60 Farrell St, Dartmouth 902-463-1210</p>	<p>Basic Needs: Providing essential items or grocery store gift cards to youth and their families, as needed. The Project Backpack (food security program) program at their Dartmouth North and Spryfield locations will send families Superstore gift cards via email.</p>	

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	Crisis Management: services to youth are being provided remotely and via email or phone. Centre is closed to community at this time.	
	Other: Providing families with access to Squiggle Park (academic resource). Offering facebook Live videos in which the Club Managers show crafting activities or science experiments, and distributing online resources on family/kid activities.	

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FAMILY RESOURCE CENTRES

SITE LOCATION	SUPPORTS BEING OFFERED	ADDITIONAL INFO
<p>Cape Breton's Family Place Resource Centre</p> <p>714 Alexandra St, Sydney, NS 902-562-5616</p> <p>Inverness 902-258-3002</p> <p>Baddeck 902-295-2956</p> <p>Richmond Co/Port Hawkesbury 902-625-1496</p>	<p>Basic Needs: Providing food, clothing, formula, diapers, vouchers, etc. needed; items delivered if required</p> <p>Parenting Info and Support: Calls, emails and text support provided for families; developing and delivering activity and information packages for parents and children</p> <p>Crisis Management: Sydney staff responding to inquiries and directing staff Island-wide, as needed; staff monitoring calls in Outreach offices</p> <p>Other: Sydney staff in office Monday – Friday 9-5 but not open to the public</p>	<p>If someone actually needs to talk to someone right away, it is best they call into the Sydney office.</p>
<p>Kids First</p> <p>110 Provost Street New Glasgow, NS 902-755-5437</p> <p>Antigonish 902-863-3848</p> <p>Guysborough 902-533-3881</p>	<p>Basic Needs: Providing food, clothing, formula, diapers, vouchers, etc. as needed; items delivered if required</p> <p>Parenting Info and Support: Calls, e-mails, Facebook and text support provided for families; developing and delivering activity and information packages for parents and children</p> <p>Crisis Management: One staff on-location in each office, (New Glasgow, Antigonish and Guysborough) responding to inquiries; directing services as required</p> <p>Other: Offices staffed but not open; sign on door to identify how to connect with staff</p>	<p>Packages delivered to families which include formula, diapers, food, hand sanitizer, cleaning supplies and activities for children.</p>
<p>Maggie's Place (Truro)</p> <p>1027 Prince St Truro, NS 902-895-0200</p>	<p>Basic Needs: Providing food, diapers, formula and children's activity kits; items delivered, and Porch-Pick up is available</p> <p>Parenting Info and Support: Support for families provided via telephone, Instagram, Facebook, text, messenger and emails</p> <p>Crisis Management: Staff working from home or the FRC; staff providing on-site telephone support each day</p> <p>Other: Staff in centre but FRC's not open to public</p>	<p>Exploring how to offer support via social media; playgroup videos; Story Corner; Basic Shelf; Art/Activity Tutorials; CoffeeTime Live Chats and Facebook live</p>

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Maggie's Place (Amherst) 11 Elmwood Drive Amherst, NS 902-667-7250	Basic Needs: Providing food, diapers, formula and children's activity kits; items delivered and Porch-Pick up is available	Exploring how to offer support via social media; playgroup videos; Story Corner; Basic Shelf; Art/Activity Tutorials; CoffeeTime Live Chats and Facebook live
	Parenting Info and Support: Support for families provided via telephone, Instagram, fakebook, text, messenger and emails	
	Crisis Management: Staff working from home or the FRC; staff providing on-site telephone support each day	
	Other: Staff in centre but FRC's not open to public	
East Hants Family Resource Centre 224 NS-214, Elmsdale, NS 902-883-4349	Basic Needs: Items such as diapers, formula, clothing, etc. delivered when participants contact the Centre	
	Parenting Info and Support: Staff checking calls, emails, Facebook messages and text messages from home;	
	Crisis Management: No staff on site; staff checking messages from home	
	Other: Will check-in on clients in up-coming weeks to check-in and assess their needs	

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PARENTING JOURNEY PROGRAMS

SITE LOCATION	SUPPORTS BEING OFFERED	ADDITIONAL INFO
<p>Cape Breton’s Family Place Resource Centre</p> <p>714 Alexandra St, Sydney, NS</p> <p>902-562-5616</p>	<p>Basic Needs: Providing food, clothing, formula, diapers, vouchers, etc. needed; items delivered if required</p> <p>Parenting Info and Support: Calls, emails and text support provided for families; developing and delivering activity and information packages for parents and children</p> <p>Crisis Management: Sydney staff responding to inquiries and directing staff Island-wide, as needed; staff monitoring calls in Outreach offices</p> <p>Other: Sydney staff in office Mon – Friday 9-5 but not open to the public</p>	<p>If someone actually needs to talk to someone right away, it is best they call into the Sydney office.</p>
<p>Kids First</p> <p>110 Provost Street New Glasgow, NS</p> <p>902-755-5437</p>	<p>Basic Needs: Providing food, clothing, formula, diapers, vouchers, etc. as needed; items delivered if required</p> <p>Parenting Info and Support: Calls, e-mails, Facebook and text support provided for families; developing and delivering activity and information packages for parents and children</p> <p>Crisis Management: One staff on-location in each office, (New Glasgow, Antigonish and Guysborough) responding to inquiries; directing services as required</p> <p>Other: Home visiting staff are working from home and maintaining the same visiting schedule through phone calls and texts</p>	<p>Packages delivered to families which include formula, diapers, food, hand sanitizer, cleaning supplies and activities for children</p>
<p>Maggie’s Place (Truro)</p> <p>1027 Prince St Truro, NS</p> <p>902-895-0200</p>	<p>Basic Needs: Providing food, diapers, formula and children’s activity kits; items delivered and Porch-Pick up is available</p> <p>Parenting Info and Support: Support for families provided via telephone, Instagram, Facebook, text, messenger and emails</p> <p>Crisis Management: Staff working from home or the FRC; staff providing on-site telephone support each day</p> <p>Other: Home Visitors are working from home and providing support through telephone, text and Zoom.</p>	<p>Exploring how to offer support via social media; playgroup videos; Story Corner; Basic Shelf; Art/Activity Tutorials; CoffeeTime Live Chats and Facebook live</p>
<p>Maggie’s Place (Amherst)</p> <p>11 Elmwood Drive Amherst, NS</p> <p>902-667-7250</p>	<p>Basic Needs: Providing food, diapers, formula and children’s activity kits; items delivered and Porch-Pick up is available</p> <p>Parenting Info and Support: Support for families provided via telephone, Instagram, Facebook, text, messenger and emails</p> <p>Crisis Management: Staff working from home or the FRC; staff providing on-site telephone support each day</p> <p>Other: Home Visitors are working from home and providing support through telephone, text and Zoom</p>	<p>Exploring how to offer support via social media; playgroup videos; Story Corner; Basic Shelf; Art/Activity Tutorials; CoffeeTime Live Chats and Facebook live</p>

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Native Council of Nova Scotia (Truro) 129 Truro Heights Road, Truro 902-895-0024	Basic Needs: No basic needs identified as being met by Parenting Journey Program	
	Parenting Info and Support: Daily check-in's with family; support provide through telephone and texting	
	Crisis Management: Staff working from home; no home visits taking place	
	Other: Families encouraged to contact PJ Worker with issues or concerns	
Native Council of Nova Scotia (Sydney) 235 Charlotte Street Sydney 902-567-7729	Basic Needs: No basic needs identified as being met by Parenting Journey Program	
	Parenting Info and Support: Daily check-ins with family; support provide through telephone and texting	
	Crisis Management: Staff working from home; no home visits taking place	
	Other: Families encouraged to contact PJ Worker with issues or concerns	

MEN'S INTERVENTION PROGRAMS

SITE LOCATION	SUPPORTS BEING OFFERED	ADDITIONAL INFO
Bridges MIP 2-670 Prince Street Truro, NS 902 -897-6665	Basic Needs:	Providing full service on-line
	Parenting Info and Support:	
	Crisis Management: Entire program has moved to secure on-line counselling	
	Other: Prior to the pandemic, providing some counselling online for those who couldn't attend sessions in person. Now providing this service for all clients	
New Direction 16 Church Street, Amherst 902-667-4500	Basic Needs: Expect to be advocating with landlords and assisting with applications for financial assistance to deal with housing/lack of employment issues	Only telephone appointments made; no face-to-face
	Parenting Info and Support:	
	Crisis Management: Office closed; staff working from home	
	Other: 24 hour crisis line available to the men	
New Leaf 1870-2 Main St, Westville, NS 902-396-2440	Basic Needs:	
	Parenting Info and Support:	
	Crisis Management: Staff are reaching out to men via telephone, Facebook, Messenger	
	Other:	

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YOUTH OUTREACH PROGRAMS

SITE LOCATION	SUPPORTS BEING OFFERED	ADDITIONAL INFO
Family Services of Eastern Nova Scotia (CBRM) 295 George St, Suite 302 Sydney, NS 902-539-6868	Basic Needs: Supplying youth with necessary groceries, phone minutes, clothing, etc.;	Youth have been made aware that staff are accessible via phone and texting; minutes for telephone usage is purchased for youth, if needed
	Crisis Management: Staff working from home and connecting with youth via telephone, email, facetime and texting	
	Other: Needed items are delivered to the youth or food delivery is arranged; updating Youth Outreach Facebook pages with accurate Covid-19 information	
Family Services of Eastern Nova Scotia (Port Hawkesbury) 218 MacSween St Port Hawkesbury 902-625-0131	Basic Needs: Supplying youth with necessary groceries, phone minutes, clothing, etc.;	Youth have been made aware that staff are accessible via phone and texting; minutes for telephone usage is purchased for youth, if needed
	Crisis Management: Staff working from home and connecting with youth via telephone and texting	
	Other: Needed items are delivered to the youth or food delivery is arranged; updating Youth Outreach Facebook pages with accurate Covid-19 information	
Boys & Girls Club of Cape Breton – Whitney Pier Youth Club 111 West St Sydney, NS 902-567-0240	Basic Needs: No	Staff have been sent home but management is looking at the possibility of providing remote supports; at this time this is not in place
	Crisis Management: No	
	Other: WPYC is on full shut down; staff have been sent home	
Big Brothers Big Sisters of Pictou County 323 MacGregor St, New Glasgow 902-752-6260	Basic Needs: Supports provided for clothing, food, etc. as required	Staff are being innovative and creative to ensure youth are receiving supports and services
	Crisis Management: Staff working from home and providing supports via telephone and other technology	
	Other: Youth Outreach Supports and Services are being delivered – just not in person;	

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<p>Pictou County Roots for Youth</p> <p>603 E River Road, New Glasgow, NS</p> <p>902-695-3241</p>	<p>Basic Needs: Supports for food, transportation vouchers, and other needs identified to staff; food provided to youth outside the Roots House on the step</p> <p>Crisis Management: Roots House closed to all youth except those living there; Public Health directives followed with respect to sanitizing, social distancing</p> <p>Other: Staff reaching out to youth via telephone, text and Messenger; physical contact limited as much as possible</p>	<p>No accompaniment to appointments; cab vouchers issued</p>
<p>Canadian Mental Health Association, Colchester East</p> <p>859 Prince St Truro, NS</p> <p>902-895-4211</p>	<p>Basic Needs: Food support (gift cards, prepared or Food Bank access), transportation vouchers, personal hygiene supplies, necessary medication access, other essential needs are available delivered if needed</p> <p>Crisis Management: Site is closed to all but staff who continue to work regular hours. Social distancing and sanitization schedules have been initiated. Pandemic Protocol has been activated.</p> <p>Other: Supports are offered virtually and via social media and phone. Virtual Support Meetings have begun twice a week, twice that day. Virtual events are planned.</p>	
<p>Native Council of Nova Scotia (Sydney)</p> <p>235 Charlotte Street Sydney</p> <p>902-567-7729</p>	<p>Basic Needs: Not identified</p> <p>Crisis Management: Staff working from home and providing phone and text supports; no in-person contact</p> <p>Other: Youth have been encouraged to call if there are any issues or concerns</p>	<p>Staff is considering video chat drop-ins with youth in the future</p>

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BIG BROTHERS BIG SISTERS

SITE LOCATION	SUPPORTS BEING OFFERED	ADDITIONAL INFO
<p>Big Brothers Big Sisters Association of Colchester</p> <p>309 NS – 311, North River</p> <p>902-895-4562</p>	<p>Basic Needs:</p> <p>Parenting Info and Support:</p> <p>Crisis Management: Staff working from home; no group work</p> <p>Other: Staff are connecting with their littles as best they can using various adaptations to the program i.e.; phones, technology</p>	<p>Providing 1:1 mentoring service using telephone and technology</p>
<p>Big Brothers Big Sisters of Cape Breton</p> <p>710 Victoria Rd, Sydney</p> <p>902-564-5437</p>	<p>Basic Needs:</p> <p>Parenting Info and Support: Letters have been sent out to the mentees, parents and mentors explaining the No In-Person outings, a list of possible virtual and telephone ideas for weekly non outings have been suggested.</p> <p>Crisis Management: Staff will connect with littles and volunteers by telephone only...no in person meetings</p> <p>Other: Weekly outings suspended; Any new inquiries for mentors or mentees will be responded too by telephone.</p>	
<p>Big Brothers Big Sisters of Pictou County</p> <p>323 MacGregor Street, New Glasgow</p> <p>902-752-6260</p>	<p>Basic Needs:</p> <p>Parenting Info and Support:</p> <p>Crisis Management: All In-Person contact has been cancelled</p> <p>Other: National BBBS office is looking at the future and how BBBS organizations can serve the children and youth in any possible, innovative way.</p>	<p>We are offering suggestions and ways for matches to get together electronically. Also providing any BBBS support electronically.</p>

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BOYS AND GIRLS CLUBS

SITE LOCATION	SUPPORTS BEING OFFERED	ADDITIONAL INFO
Boys & Girls Club of Truro & Colchester 40 Douglas St, Truro, NS 902-895-5008	Basic Needs:	Closed end of day on Monday, March 16th to participants; working closely with regional and national B&GC offices
	Parenting Info and Support:	
	Crisis Management: Programs have been cancelled	
	Other: Offering to share activity ideas with our families through social media during the closure	
Boys & Girls Club of Cape Breton - Whitney Pier Youth Club 111 West St Sydney, NS 902-567-0240	Basic Needs:	All programs and services have discontinued
	Parenting Info and Support:	
	Crisis Management: Full shut-down	
	Other:	

A Place to Belong

SITE LOCATION	SUPPORTS BEING OFFERED	ADDITIONAL INFO
Bay St. Lawrence Community Centre 3160 Bay St Lawrence Rd, Saint Margaret Village 902-982-2317	Parent Info & Support: Providing links on Facebook page with activities for families to stay engaged. Crisis Management: Responding to on-line requests to pick up items at Pharmacy for isolated families.	

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FAMILY RESOURCE CENTRES

SITE LOCATION	SUPPORTS BEING OFFERED	ADDITIONAL INFO
Family Resource Centre of West Hants 902-798-5961	Basic Needs: staff able to deliver or arrange safe pick up of food, diapers, necessities	~ serves West Hants county ~location closed but staff checking phone, email, social media
	Parenting Info and Support: available through phone, email for support, questions, referrals	
	Crisis Management: staff available by phone during regular office hours	
	Other:	
Family Matters 902-584-2210	Basic Needs: will provide delivery of diapers, food, formula, provisions. Making family kits for drop off including supplies, food, journals, games, etc. to assist families.	~ Serves Annapolis County ~Centre located in a school therefore closed but checking phone and email messages from home
	Parenting Info and Support: Using ZOOM as another way for families to connect. Providing conversational support, updating info on facebook page.	
	Crisis Management: willing to provide services to support any families as requested	
	Other:	
Centre Provincial de Ressources Précolaires 902-769-5854	Basic Needs: unable to access materials as they are in a school however may purchase items required for delivery	~Serves Claire area ~French services ~Centre closed for minimum three weeks (April 6 th) but workers available by phone, computer
	Parenting Info and Support: phone and email support	
	Crisis Management: phone and email support available as required	
	Other:	
Kids Action Program 902-680-6172	Basic Needs: working with Food Banks and willing to deliver food and supplies to families, working with another store to get essentials to families in need.	~ Serves Hants & Kings counties ~Workers available by phone 9-5
	Parenting Info and Support: putting suggestions on fb for activities to do with kids that are no cost, available by phone for support, ongoing updates on fb	
	Crisis Management: the most vulnerable families will be contacted regularly for check ins and support, can continue to access fb for info, calling 911 for emergencies	
	Other:	
Kings County Family Resource Centre 902-678-5760	Basic Needs: available to deliver food, diapers, formula, supplies	~serves Kings County ~ Centre closed but checking emails and phone messages daily
	Parenting Info and Support: available by phone to provide support and information	
	Crisis Management: available to provide support by phone and supplies as required	

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	Other:	
New Ross Family Resource Centre 902-689-2414	<p>Basic Needs: available to deliver food, diapers and other supplies as needed. Looking at delivering food boxes to families.</p> <p>Parenting Info and Support: updating social media, staff available by phone, and email</p> <p>Crisis Management: keeping in touch with other community resources to coordinate responses, intentionally reaching out to vulnerable community members to offer support</p> <p>Other: ongoing assessment of community needs in partnership with other organizations</p>	<p>~ Serves New Ross and surrounding communities</p> <p>~ Centre is in a school however workers can access supplies and materials as needed</p>
Parents Place 902-749-1718	<p>Basic Needs: delivery or arranging pick up available for food, diapers, formula, and other supplies</p> <p>Parenting Info and Support: ongoing fb posts, available through email and phone</p> <p>Crisis Management: continued to be accessible by phone, social media, email</p> <p>Other:</p>	<p>~serves Yarmouth County</p> <p>~ Centre closed until April 3rd and assessed then.</p> <p>~Staff continuing to work from home by phone, email</p>
South Shore FRC Association Lunenburg 902-543-3119 Queens 902-354-7176 Shelburne 902-875-3256 Digby 902-245-2300	<p>Basic Needs: supporting families via phone, e-mail and/or text. The centre in Bridgewater has free bus tickets, and travel support for those who may need it. Distributing emergency support bags/boxes upon request, inclusive of food/diapers/formula, etc. Gift cards for essential items will also be issued upon request.</p> <p>Parenting Info and Support: Updating and providing information via phone and social media. Parental support is being offered virtually. Have support bags to distribute with information and activities included for families.</p> <p>Crisis Management: We have updated our list of community resources that our families may need to access. handing out relevant and information as received from the government or NSHA, PHAC, WHO.</p> <p>Other: Centre has a pandemic policy they have put into effect. Workers are staying connected to Public Health nurses and Healthy Beginnings workers to ensure supports are coordinated and available to pregnant mothers and their support people.</p>	<p>~serves Digby, Queens, Shelburne and Lunenburg counties</p> <p>~All locations closed with staff rotating office coverage for pick ups, deliveries.</p>

PARENTING JOURNEY PROGRAMS

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SITE LOCATION	SUPPORTS BEING OFFERED	ADDITIONAL INFO
Family Matters 902-584-2210	Basic Needs: Providing delivery of diapers, food, formula, provisions. Making family kits for drop off including supplies, food, journals, games, etc. to assist families.	~ Serves Annapolis County ~Centre closed but checking phone messages from home
	Parenting Info and Support: Using ZOOM as another way for families to connect. Providing conversational support, updating info on facebook page.	
	Crisis Management: willing to provide services to support any families as requested.	
	Other:	
Centre Provincial de Ressourcés Préscolaires 902-769-5854	Basic Needs: unable to access materials as they are in a school however may purchase items required for delivery	~Serves Clare ~French services ~Centre closed for minimum three weeks (April 6 th) but workers available by phone, computer
	Parenting Info and Support: Reaching clients by phone and video conferencing, updating facebook page active with ideas for activities (inside and outdoors), relaxation strategies for anxiety, music, etc.	
	Crisis Management: Reaching clients by phone and videoconferencing	
	Other:	
Kings County Family Resource Centre 902-678-5760	Basic Needs: Worker contacting clients to determine needs and arrange delivery	~serves Kings County ~ Centre closed but checking emails and phone messages daily
	Parenting Info and Support: phone support ongoing	
	Crisis Management: worker available by phone for support and to deliver emergency supplies	
	Other:	
Parents Place 902-749-1718	Basic Needs: delivery or arranging pick up available for food, diapers, formula, and other supplies	~serves Yarmouth County ~ Centre closed until April 3 rd and assessed then. ~Staff continuing to work from home by phone, email
	Parenting Info and Support: regular visits have stopped but phone and email support are ongoing	
	Crisis Management: staff available remotely for support and response	
	Other:	
South Shore FRC Lunenburg 902-543-3119 Digby 902-245-2300	Basic Needs: supporting families via phone, e-mail and/or text. The centre in Bridgewater has access to food from Feed Nova Scotia, free bus tickets, and travel support for those who may need it. We have put in place a process for families to receive these items that is keeping in line with guidelines of preventing the Coronavirus. We will continue to receive the deliveries from Feed Nova Scotia and when there are excess items, distribute to our other counties (Queens, Shelburne & Digby) by giving the emergency support bags/boxes. To keep down the cost of mileage we	~serves Digby and Lunenburg counties ~Both locations closed with staff rotating office coverage for pick ups, deliveries.

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	will be meeting staff ½ way if/when we can provide support to those counties.	
	Parenting Info and Support: Updating and providing information via phone and social media. Parental support is being offered virtually. Have support bags to distribute with information and activities included for families.	
	Crisis Management: We have updated our list of community resources that our families may need to access. handing out relevant and information as received from the government or NSHA, PHAC, WHO.	
	Other: Centre has a pandemic policy they have put into effect. Workers are staying connected to Public Health nurses and Healthy Beginnings workers to ensure supports are coordinated and available to pregnant mothers and their support people.	

MEN'S INTERVENTION PROGRAM

SITE LOCATION	SUPPORTS BEING OFFERED	ADDITIONAL INFO
Freeman House: Family Services of Western NS	Basic Needs: Taking new referrals and doing telephone intakes with any new folks. We are providing support to Hub by gathering Service Level ability in the community given the consistent changing resource landscape. Intakes are still happening as scheduled through phone intakes.	
	Crisis Management: We are currently providing individual intervention support through text, email and phone for both Men & families. We continue to engage in teleconferences with CPS, community partners and provide support to our community with system navigation	
	Other:	

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YOUTH OUTREACH PROGRAMS

SITE LOCATION	SUPPORTS BEING OFFERED	ADDITIONAL INFO
<p>Freeman House 902-543-7444</p>	<p>Basic Needs: not providing drop-in but continue to work individually, in the community, and at a system level to respond to the youth in our community and their families! Online “hangouts” through “gaming conferences” for our youth with our staff who play online games (such as PS4 and Xbox)</p> <p>Crisis Management: offering remote support though the phone, email and text! We are providing case conferences with their other supports and community partners. We are remotely supporting system navigation and emergency fund requests.</p> <p>Other:</p>	<p>~serves Lunenburg County</p>
<p>Shelburne County Youth Health & Support: Our House 902-875-3337</p>	<p>Basic Needs: Staff are still addressing the needs of individual youth and continuing to support them from home. Each staff has a phone and laptop, they go into the centre by appointment only which is the general practice. Providing essential services of food, laundry, prescriptions, showers, hygiene products by appointment. Use of food bank/food supports is rising.</p> <p>Crisis Management: Always at least one staff available by phone, text, for support, referral, information.</p> <p>Other: Assisting youth with accessing the federal emergency supports announced and preparing income tax returns for youth.</p>	<p>~ serves Shelburne County</p>
<p>Split Rock Learning Centre 902-742-5509</p>	<p>Basic Needs: Staff can be contacted to address basic needs by phone, text messaging.</p> <p>Crisis Management: Staff available by phone or text for support, referrals or information</p> <p>Other:</p>	<p>~ serves Yarmouth, Digby, Shelburne counties</p>
<p>Portal Youth Services 902-365-3773</p>	<p>Basic Needs: Delivering needed basics like food, toiletries, supplies. Social contact through distance phone, text, email supports and social media. Delivered journals and a board game to youth to help with isolation. Delivering food and books this week. Purchasing phone minutes for youth so they are able to stay connected.</p> <p>Crisis Management: Regular check-ins with youth to provide emotional support, information and referrals. Emergency housing support continues. Using social media (Facebook and Instagram)</p>	<p>~ serves West Hants, Kings and Annapolis Counties</p>

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	to provide further encouragement and support. Connecting Youth with online mental health support through: Stronger Families Institute. Is now collaborating with West Hants FRC to offer more supports in that county and serving Annapolis County youth. Employing AirBNB options as possible housing solutions for homeless youth on a temporary basis.	
SHYFT Youth Services 1-855-781-3111	<p>Basic Needs: For residential services - maximum number of beds now 6 (eliminating the shared room), and all youth in residence are expected to follow social distancing procedures inside and outside the house. All in-house programming on hold, and the Vibrant Homes and MentorSHYFT programs are on hold.</p> <p>Crisis Management: Reduced services for outreach youth to "essential services only", provided at the door of SHYFT. These services include food, hygiene products, crisis intervention, medication allowance, etc. Every Tuesday is "outreach food day" – offering youth a bag of food for the week. All outreach services in Shelburne and Digby Counties are currently on hold.</p>	~ serves Yarmouth, Digby and Shelburne.

BIG BROTHERS BIG SISTERS

SITE LOCATION	SUPPORTS BEING OFFERED	ADDITIONAL INFO
BBBS South Shore	Basic Needs: Matched Bigs and Little still in contact and provided supports	~ serves the south shore of NS
	Crisis Management: Families involved with BBBS are being provided up to date information through email and social media.	
	Other:	
BBBS Annapolis	Basic Needs: All in person contact suspended however matches are in contact by phone, and social media. We are continuing to enroll, screen, and train Bigs, children and families using virtual tools such as MS Teams, Skype, Business Connect and any other platforms the families might have access to.	~serves Annapolis Valley area
	Crisis Management: Staff available by phone, email	
	Other:	

BOYS AND GIRLS CLUBS

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NONE IN WESTERN