

Monitoring Expectations for Mental Health Court And Court Monitored Drug Treatment Program Participants

1. Participants will be told when they sign their Participation Agreement that there will be expectations for behaviour and follow-through in their programming. If they do not meet the Program Team's expectations, there will be some sort of consequence applied.
2. When Participants sign their Support Plan, it should be explained to them, once again, that the Program expects their Support Plan to be followed. If the Support Plan is not adhered to as agreed by the Participant, they can expect to be subject to consequences that can include but are not limited to: increased monitoring, Directed Projects, curfew/house arrest, bail revocation, requirement of guilty pleas (where applicable) and ultimately termination from the Program (see note below).
3. When the Program Team reviews the Participant's progress they should explicitly reference the Support Plan and evaluate whether the Participant is doing what they have agreed to do. This review of the Support Plan should include reference to attending community support meetings/programming, abstaining from substance use, attending Program meetings including court appearances, participation in appropriate structured activity, etc. The degree to which a Participant (within the limits of their current capabilities) is adhering to their Support Plan will be the basis upon which that individual is placed into one of the following levels. Depending on the level, the Program Team may need to intervene to recommend the appropriate next steps.

	Exceeds Expectations	Meets Expectations	Below Expectations
Description	The Participant is following the Support Plan and doing well. There is evidence of ongoing motivation and moderate participation. No major issues with medication compliance, substance abuse, or suspected criminal activity.	The Participant is mainly following the Support Plan with minimal set-backs. Motivation to participate is fair.	The Participant is failing to follow-through on most, or all the elements in the Support Plan. The Participant shows little/no motivation to be an active Participant in the Program, is evidencing more substantive issues around med compliance, substance abuse, ongoing criminal activity, meetings are missed regularly.
Outcome	On positive track to graduation and/or completion.	Continue with direct supervision and monitoring of Support Plan.	If regularly at this level, consider entering guilty pleas (where applicable) or removal from the Program.

	Exceeds Expectations	Meets Expectations	Below Expectations
Possible Team Response	<ol style="list-style-type: none"> 1. Placed toward front of docket on appearances. 2. Increase length of time between visits to Court (appearances and appointments). 3. Reduce or remove (where applicable) from obligation of Substance Use Screen (SUS – see below) 4. No restrictions on liberty (i.e., curfew) and no explicit recommendation to account for time. 	<ol style="list-style-type: none"> 1. On docket after the Participants who are Exceeding. 2. Maintain frequency of visits to Court (appearances/ appointments). 3. Weekly log book/calendar to account for time to be prepared and reviewed with Team during appearances/ appointments. 4. Maintain the SUS. 	<ol style="list-style-type: none"> 1. On docket after the Participants who are Exceeding and Meeting 2. Increased frequency of visits to Court (appearances and appointments). 3. Directed Projects. 4. Weekly preparation of itinerary to be prepared and reviewed with the Team or during Court. 5. Possible entry of guilty plea. 6. Bail revocation. 7. Curfew or house arrest (Variation of Liberties) 8. Addition to SUS List (where applicable) and /or increased Testing. 9. Termination from the Program.

Substance Use Screening (SUS) List

In determining whether a Participant will be required to be on the SUS List as a condition of their participation in the Court. The following will be discussed by the Team:

- whether substances were a key feature in the offence;
- whether the use is recreational or does it rise to the level of a substance use disorder;
- does the Participant have history of use connected with criminal offending; and
- does the use affect their mental stability?

Participants on the SUS List will be directed by the Nova Scotia Mental Health Court Probation Officer to report for Testing. It will be random and consistent with the Testing Waiver.

Please note that all CMDTP Participants will be on the SUS List throughout the entire duration of their participation in the Program.

Examples of Rewards and Sanctions

REWARDS	SANCTIONS
Front of Docket Placement	End of Docket Placement
Decrease in Court Appearances	Increase in Court Appearances
Decrease in Drug Screening Appointments	Increase in Drug Screening Appointments
Removal from SUS List (where applicable)	Addition to SUS List
Decrease in Appointments with Program Team	Increase in Appointments with Program Team
No Weekly Log Book	Weekly Log Book
Artwork/Poem for Court Room Wall	Weekly Itinerary (review with Program Team or Judge)
Positive Personal Progress Remarks	Announce negative feedback in Court
No Directed Projects	Directed Projects
Decrease Treatment Groups	Re-engage/Increase Treatment Groups
Less Restrictions on movement (variation or removal of House Arrest/Curfew)	Enter Guilty Pleas (where applicable)
Sentenced to lesser included offences or Charges Withdrawn	Impose/Increase Curfew
	Add House Arrest
	Bail Revocation
	Termination from the Program